



**BARDEN PRIMARY SCHOOL  
BURNLEY CAMPUS  
BARDEN LANE BURNLEY  
BB10 1JD  
Telephone No: 01282 226777**

Friday 8<sup>th</sup> March 2024

Dear Parent/Carer,

As a school, we are aware that the holy month of Ramadan will begin this month and we recognise its significance to our Muslim families.

We understand this is a special time and that some of the older children are keen to take part in the fasting. However, we do have concerns that, as our pupils are only of primary age, they are not yet physically able to cope with the demands that fasting places on them, especially at this time of year. As you will no doubt appreciate, this can affect their learning. In school they can be restless and very tired; they lack energy; and this can lead to conflicts that don't normally arise; some become over quiet, and some are not capable of learning in their normal way or taking part fully in all activities.

Following discussions with Afrasiab Anwar at the Faith Centre, we ask you to consider whether the older children who wish to fast could fast on the weekends and during the upcoming two-week school holidays. This would allow children to take part in activities during term time as normal. The weekend and holidays could then be dedicated to those religious observances that the children would like to share with their families.

Children who do make the choice to fast will need to bring in a letter from their parents/carers stating that they are fasting, so staff are fully aware.

Please do not hesitate to contact me if you would like to discuss this further. Afrasiab Anwar at the Faith Centre (01282 682275) is also happy to answer any questions. May I take this opportunity to thank you for your support and co-operation and to wish you Ramadan Mubarak from all of us at Barden Primary School.

Yours Sincerely,

*C. Holgate*

Mrs C Holgate  
Headteacher