

Learn to Make: Healthy Meals in a Microwave

2 Week course:

Thursday 16th & 23rd November

10:00 am- 12:30pm

Tay Street Family Hub, Burnley, BB11 4BU

You may be surprised how quick it can be to prepare healthy homecooked food at home. On this course you will learn how to prepare tasty and healthy meals from scratch using fresh ingredients. You will also discover^{ac} shortcuts that will save you time and money. *Please bring tupperware to take some cooked food home in.

To register your interest contact Alison on
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