

<b>WEEK ONE</b> Week Commencing: 30th October, 20th November, 11th December 1st & 22nd January, 12th February, 4th & 25th March 15th April, 6th May	<b>F+Halal AW2023-24</b>	<b>MONDAY</b>	<b>SUGARWISE TUESDAY</b>	<b>WEDNESDAY</b>	<b>SUGARWISE THURSDAY</b>	<b>FRIDAY FAVOURITES</b>
	<b>Traditional Main Course</b>	Halal Chicken Sausages or Vegetarian Sausages & Gravy with Creamed Potatoes & Mixed Vegetable Medley	Homemade Halal Chicken or Quorn Tikka Curry with Mixed Rice & Naan Bread	Roast Halal Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	Lancashire Cheese & Potato Pie with Broccoli Florets or Baked Beans (v)	Golden Crumb Fish Fingers or Vegetable Fingers with Oven Baked Chips Garden Peas & Tomato Ketchup
	<b>Pizza &amp; Pasta</b>	Tomato & Mascarpone Pasta with Homemade Crusty Bread & Salad Selection (v)	Tondo Pizza Panini with Potato Wedges & Sweetcorn (v)	Mac 'n' Cheese Bake with Homemade Crusty Bread & Garden Peas (v)	Pasta Neapolitan Italian Tomato & Herb Sauce with Homemade Crusty Bread & Salad Selection (v)	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
	<b>Jacket Potato</b>	Oven Baked Jacket Potato with Baked Beans & Freshly Prepared Salad Selection (v)	Oven Baked Jacket Potato with Cheese & Freshly Prepared Salad Selection (v)	Oven Baked Jacket Potato with Baked Beans & Freshly Prepared Salad Selection (v)	Oven Baked Jacket Potato with Tuna Mayo & Freshly Prepared Salad Selection	Oven Baked Jacket Potato with Cheese & Freshly Prepared Salad Selection (v)
	<b>Dessert</b>	Fruit Crumble & Custard or Fruit Yoghurt with Fruit Selection & Milk	Mini Lemon Cookie or Fruit Yoghurt with Fruit Wedges & Milk	Raspberry Bun or Fruit Yoghurt with Fruit Selection & Milk	Mini Shortbread Biscuit or Fruit Yoghurt with Fruit Wedges & Milk	Chocolate Brownie or Fruit Yoghurt with Fruit Selection & Milk
<b>WEEK TWO</b> Week Commencing: 16th October, 6th & 27th November, 18th December 8th & 29th January, 19th February, 11th March 1st & 22nd April, 13th May		<b>MEAT FREE MONDAY</b>	<b>SUGARWISE TUESDAY</b>	<b>WEDNESDAY</b>	<b>SUGARWISE THURSDAY</b>	<b>FRIDAY FAVOURITES</b>
	<b>Traditional Main Course</b>	Vegetarian Sausage Roll & Tomato Ketchup with Potato Wedges Garden Peas & Sweetcorn or Baked Beans (v)	Halal Chicken or Veggie Burger in a Bun with Tomato Ketchup Paprika Wedges & Mixed Vegetable Medley	Roast Halal Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	Halal Chicken or Quorn Hot Pot with Crispy Sliced Potato Crust & Mixed Vegetable Medley (v)	Harry Ramsdens Crispy Battered Fish or Vegetable Fingers with Oven Baked Chips Garden Peas & Tomato Ketchup
	<b>Pizza &amp; Pasta</b>	Mac 'n' Cheese Bake with Homemade Crusty Bread & Garden Peas (v)	Homemade Calzone Pizza with Rainbow Vegetable Pasta Salad (v)	Pasta Arrabiatta Mild Chilli, Tomato & Sweet Pepper Sauce with Homemade Crusty Bread & Salad Selection (v)	Tomato Pasta Bake with Homemade Crusty Bread & Salad Selection (v)	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
	<b>Jacket Potato</b>	Oven Baked Jacket Potato with Baked Beans & Freshly Prepared Salad Selection (v)	Oven Baked Jacket Potato with Cheese & Freshly Prepared Salad Selection (v)	Oven Baked Jacket Potato with Tuna Mayo & Freshly Prepared Salad Selection	Oven Baked Jacket Potato with Cheese & Freshly Prepared Salad Selection (v)	Oven Baked Jacket Potato with Baked Beans & Freshly Prepared Salad Selection (v)
	<b>Dessert</b>	Marble Sponge & Chocolate Sauce or Fruit Yoghurt with Fruit Selection & Milk	Mini Shortbread Biscuit or Fruit Yoghurt with Fruit Wedges & Milk	Oaty Flapjack or Fruit Yoghurt with Fruit Selection & Milk	Mini Chocolate Shortbread or Fruit Yoghurt with Fruit Wedges & Milk	Fruit Jelly & Vanilla Cream or Fruit Yoghurt with Fruit Selection & Milk
<b>WEEK THREE</b> Week Commencing: 13th November, 4th & 25th December 1st January, 5th & 26th February, 18th March 8th & 29th April, 20th May		<b>MONDAY</b>	<b>SUGARWISE TUESDAY</b>	<b>WEDNESDAY</b>	<b>SUGARWISE THURSDAY</b>	<b>FRIDAY FAVOURITES</b>
	<b>Traditional Main Course</b>	Halal Chicken Sausages or Vegetarian Sausages & Tomato Ketchup with Paprika Potatoes, Garden Peas & Sweetcorn	Golden Crumb Salmon Fillet Fingers or Vegetable Fingers with Herby Potatoes & Mixed Vegetable Medley	Roast Halal Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	Mild Halal Chilli Chicken or Veggie Baked Bean Chilli with Mixed Rice & Broccoli Florets (v)	Golden Crumb Fish Fingers or Vegetable Fingers with Oven Baked Chips Garden Peas & Tomato Ketchup
	<b>Pizza &amp; Pasta</b>	Tomato & Mascarpone Pasta with Homemade Crusty Bread & Salad Selection (v)	Cheese & Tomato Whirl with Potato Wedges & Baked Beans (v)	Pasta Neapolitan Italian Tomato & Herb Sauce with Homemade Crusty Bread & Salad Selection (v)	Mac 'n' Cheese Bake with Homemade Crusty Bread & Garden Peas (v)	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
<b>Jacket Potato</b>	Oven Baked Jacket Potato with Baked Beans & Freshly Prepared Salad Selection (v)	Oven Baked Jacket Potato with Tuna Mayo & Freshly Prepared Salad Selection	Oven Baked Jacket Potato with Cheese & Freshly Prepared Salad Selection (v)	Oven Baked Jacket Potato with Baked Beans & Freshly Prepared Salad Selection (v)	Oven Baked Jacket Potato with Tuna Mayo & Freshly Prepared Salad Selection	

23rd Oct  
15th J

**Dessert**

Chocolate Crunch & Custard  
or Fruit Yoghurt  
with  
Fruit Selection & Milk

Mini Lemon Cookie  
or Fruit Yoghurt  
with  
Fruit Wedges & Milk

Paris Slice  
or Fruit Yoghurt  
with  
Fruit Selection & Milk

Mini Shortbread Biscuit  
or Fruit Yoghurt  
with  
Fruit Wedges & Milk

Iced Fairy Cake  
or Fruit Yoghurt  
with  
Fruit Selection & Milk