



16th October 2026

Supporting pupils with medical conditions

Dear Parents/Carers,

At Barden Primary School, the safety, health and wellbeing of all our pupils is our highest priority. We would like to inform you about some important updates to how we support pupils with medical conditions and allergies in school. We have recently reviewed and updated our policies, which can be viewed here on our website:

Supporting Pupils with Medical Conditions Policy

<https://tinyurl.com/4pezdxc>

Allergy Management Policy

<https://tinyurl.com/4hnt7xt4>

As part of our commitment to keeping all children safe, we ask parents and carers, where possible, **not to send nuts, nut-containing products or peas into school** in packed lunches or snacks. Several pupils in our school have severe allergies and even a small amount of exposure can cause a serious allergic reaction requiring urgent medical treatment.

While it is not possible to completely remove allergens from a school environment, we work hard to reduce risks through careful management, staff training and clear procedures. We also ask all pupils to follow our 'no food sharing' rule.

To further strengthen our emergency response procedures, we now have two Kitt Medical emergency anaphylaxis kits, containing spare adrenaline auto-injectors that can be used in an allergy emergency where appropriate. These are available in addition to our emergency asthma inhalers and three defibrillators located across the school site.

We are also pleased to confirm that:

- All staff have completed allergy awareness and management training.
- Most staff are qualified in first aid.
- A number of staff hold enhanced Paediatric First Aid qualifications.
- Individual healthcare plans are in place for pupils with significant medical needs and allergies.

- Appropriate medication and emergency procedures are available across the school.

The support of our school community is essential in helping us create a safe and inclusive environment for all children. We appreciate that avoiding certain foods may require small changes for some families and thank you for your understanding and cooperation.

If you have any questions about medical conditions, allergies or our policies, please contact the school office.

Thank you for your continued support.

Kind regards,

Mrs C Holgate

Headteacher, Barden Primary School