

Holiday Activity and Food Programme



funded by



Department
for Education

talk zone

Talkzone has been providing confidential advice and support to children and young people in Lancashire for 30 years.

We are just a text, web chat or phone call away for anyone aged 0-19 or up to 25 if you have a learning difficulty or disability.

- Someone to talk to
- what age can I?
- Problems at home or school
- Mental health
- Jobs and training
- Self harm
- Apprenticeships
- Bullying
- Staying safe online
- Drugs and alcohol
- Sex and health
- Things to do
- Relationships
- Housing rights and money

Talk online lancashire.gov.uk/youthzone
Text **07786 51 11 11**
Call **0800 51 11 11**
Find us on Facebook **@LancashireYZ**
Find us on Twitter **@LancashireYPS**
You can contact us from 2-10pm, 365 days a year.

BURNLEY

TARGETED YOUTH SUPPORT

MAY TO JULY



FOR LOCAL EVENTS VISIT:
LANCASHIRE.GOV.UK/EVENTS, SELECT
DISTRICT **BURNLEY**, CHOOSE '**YOUTH WORK**'
UNDER CATEGORIES, AND CLICK SEARCH.
FIND US ON FACEBOOK SEARCH
FACEBOOK.COM/BURNLEYOUTHZONE

Lancashire.gov.uk



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Council



Lancashire.gov.uk/events



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Monday: Chill & Chat 3:30- 5:30pm

Chill & Chat – A calm, no-pressure drop-in where you can talk privately with youth workers about school, mental health, relationships, or anything that's bothering you.

Monday: Colourful Voices 6:45-9:00pm

Colourful Voices – A creative, discussion-based group for SEND young people focused on real-life topics, shared experiences, and building confidence through peer support.

Tuesday: Step Up (Yr 5 & 6) 3:30-5:30pm

Step Up to Youth Work (Years 5–6) – An introductory group where younger students explore leadership, teamwork, and what youth work is like through fun, structured activities

Wednesday: Empire Fighting Chance 3:30-5:30pm

Empire Fighting Chance (Box Champions) – A referral-only boxing programme for boys that uses fitness and discipline to develop focus, confidence, and positive decision-making.

Wednesday: Youth Council 6:45-9:00pm

Youth Council (Participation, Voice & Influence) – A chance for young people to have a real say on local issues, shape services, and develop leadership and influencing skills.

Thursday: Prism 6:45-9:00pm

LGBTQ+ Youth Group (PRISM) – A dedicated space for LGBTQ+ young people to connect, express themselves, and feel supported in a safe and inclusive environment.

Friday: Step Up Plus (Yr 7 only) 3:30-5:30pm

Step Up Plus (Year 7) – A transition-focused group helping Year 7s settle into secondary school while building confidence, friendships, and independence.

Friday: Safe Spaces 6:45-9:00pm

Community Safe Spaces – An evening social space offering safe activities, supportive conversations, and trusted adults in a familiar neighbourhood setting.

Detached Youth Work Sessions

Tuesday: Padiham 6:45-9:00pm

Thursday: Stoneyholme 6:45-9:00pm

Friday: Town Centre 6:45-9:00pm

Detached Youth Work – Youth workers meeting young people where they already hang out, offering support, guidance, and opportunities without needing a building or booking.

Schools-Based Youth Work

Schools-Based Youth Work – is a targeted, curriculum-linked offer delivered in schools where youth workers run small group sessions to build confidence, develop life skills, and support young people with specific needs before challenges escalate.

For more information contact



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