



Respect Acceptance Ambition Resilience

**Barden Primary School**  
Only my best is good enough for me



Dear Parents/Carers,

Over the past few weeks, our Designated Safeguarding Leads have completed their refresher training. This helps ensure we are always up to date and confident in supporting children and families. Safeguarding is about more than responding to concerns - it's about knowing our children well, listening carefully and working together. If you ever have any worries or feel you need support, please do come and speak to us.

*Take Care, Mrs C Holgate, Headteacher*

Thank you for your continued support. If you should have any questions or concerns, please do not hesitate to contact school to speak with us.

**01282 226777**

**DATES:**

School closes for the February half term holiday after school on Friday 13th February. School will re-open Monday 23rd February at 8.35am.

**Attendance for Last Week  
w/c 12/01/2026**

Eaglets	97.06%
Owlets	94.08%
Chicks	86.84%
Robins	92.73%
Sparrows	97.41%
Swallows	92.24%
Wagtails	99.57%
Skylarks	95.97%
Doves	93.97%
Blackbirds	95.16%
Kingfishers	99.14%
Woodpeckers	95.16%
Puffins	94.32%
Jays	98.48%
Kestrels	98.44%
Eagles	99.22%
The Nest	87.98%
Pipits	91.67%

Overall school attendance was **95.52%**. Congratulations to **Wagtails** had the highest attendance last week. Well Done!

**Badge Winners this Week**

Class	Badge Winners
EYFS	Ahmed A R, Zayaan M, Haashir H
Sparrows	Seher K, Laraib K
Robins	Mal Elsham A, Ahmed M
Swallows	Abu Bakr K, Mujtaba Z
Wagtails	Aaliyah Z, Muhammad S
Doves	Mohammad S A, Javeriyaa M
Skylarks	Laith Z, Yahya G
Blackbirds	Abeeha G, Hashim K
Woodpeckers	Fatimah N A, Muhammed F A
Kingfishers	Addie L, Subhan K
Jays	Mehrish A, Huzaifa H
Puffins	Dawood K, Zainab I
Eagles	Hanaa A, Cody A
Kestrels	Esa N, Alesha N
The Nest	Eesa K
Pipits	Mubariz H

**Winning Team - Earth & Fire**

SILVER Award - Esa N, Aleesha N

GOLD Award - Aliza Z

Gold Award Certificate - Duaa B, Aiza M, Mohammed A I, Michael O, Nayel T, Tasmiah A, Muhammad U, Stefano P, Muhammad A, Rayyan M, Yusuf A, Aliyan K, Munachimso N, Hashim K, Raakin N, Inaya A, Hasan S



Cleaning teeth is an important part of our every routine. Did you know that poor oral health can affect your child's sleep, eating, talking, play and socialising.

You can help your child maintain good oral health by:

- cutting down on sugars,
- drink from a cup as soon as possible,
- brushing teeth twice a day – helping your child do this until at least 7 years old,
- ensure your child visits the dentist.

At Barden we do supervised brushing in Reception classes every day, so they are cleaning their teeth 3 times a day which is fantastic.



Screen time is a topic many families are thinking about, and finding the right balance can be tricky. Too much time on devices can affect sleep, behaviour and family routines, so it helps to have clear limits and open conversations with your children about how they use screens. **There are lots of free, trusted UK resources available to support you:**

• **Internet Matters** – practical tips and guides for managing screen time and creating a balanced digital routine. [internetmatters.org](https://www.internetmatters.org) [screen time advice hub](https://www.internetmatters.org/screen-time-advice-hub)

• **Online Safety UK** – step-by-step help with parental controls and understanding the apps and games your child uses. [onlinesafetyuk.com](https://www.onlinesafetyuk.com) [parents guides and tools](https://www.onlinesafetyuk.com/parents-guides-and-tools)

• **Parentkind Online Safety Toolkit** – straightforward advice for talking with your child about healthy tech habits. [parentkind.org.uk](https://www.parentkind.org.uk) [online safety toolkit](https://www.parentkind.org.uk/online-safety-toolkit)

• **Save the Children UK** – tips on choosing age-appropriate screen use and encouraging positive online habits. [savethechildren.org.uk](https://www.savethechildren.org.uk) [online safety hub](https://www.savethechildren.org.uk/online-safety-hub)

**We hope you find these helpful in guiding your family's approach to screens. Please come and talk to us if you'd like to share ideas or have questions.**



## Upcoming Diary Dates



DATE	EVENT
Every Friday @ 8.50am	Celebration Assembly. You will be invited by a text message to attend.
Monday 26 <sup>th</sup> January	STEM day for Puffins and Eagles
Tuesday 27 <sup>th</sup> January	EYFS Parent Learn Together Group
Wednesday 28 <sup>th</sup> January	Eagles Class Assembly @8.50am- followed by refreshments
Tuesday 3 <sup>rd</sup> February	EYFS Parent Learn Together Group Speed Stacking Festival/ Competition
Thursday 5 <sup>th</sup> February	Doves Class Assembly@8.50am- followed by refreshments
Monday 9 <sup>th</sup> February	School Nurse in school to meet parents.
Tuesday 10 <sup>th</sup> February	Safer Internet Day EYFS Parent Learn Together Group KS1 Pentathlon
Thursday 12 <sup>th</sup> February	School nurse in school to meet parents Reading Tea Party

# East Lancashire Young People's Mental Health

Concerned about your Mental Health?  
Are you under 18 or concerned about  
someone under 18?

Advice sessions are available on-line via  
'Attend Anywhere'  
Delivered by CYPMH East  
[tinyurl.com/ELCAS-LSCFT](https://tinyurl.com/ELCAS-LSCFT)



Enter the word "CYPMH East" as the first name and "drop in" as the  
second name followed by your date of birth.  
You will then enter our virtual waiting area where we will collect you.

Wednesday 4 <sup>th</sup> February 2026	1pm – 3pm
Wednesday 11 <sup>th</sup> February 2026	3pm – 5pm
Wednesday 18 <sup>th</sup> February 2026	5pm – 7pm
Wednesday 25 <sup>th</sup> February 2026	1pm – 3pm



# Sports



## Girls' Football Update – Johnson's Cup

The girls' football team had a fantastic run in the Johnson's Cup in the first round. Throughout the competition, the players showed clear improvement, particularly in their teamwork, effort and confidence on the pitch.

The team finished in second place, a result they should be very proud of. Well done to all players and Mr Holland for their commitment and progress.

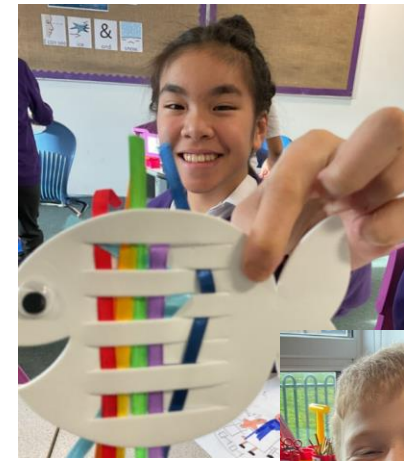


Cygnets

# Nest



Swans



In Maths, Cygnets have been learning about shapes. We have enjoyed a shape hunt, making shapes in sensory media and making shape pictures. In English, Cygnets have been reading 'Whatever 'next!' by Jill Murphy. We have packed our cases with a few of our favourite foods and had a picnic on the moon!

In Science, we are learning about the different parts of a plant and in History, we are learning about Neil Armstrong and his visit to the moon. We love our fun learning every day!

Swans have been enjoying their weaving topic in Art. They have been practicing their weaving technique through a range of crafts.



In P.E., Swans have been developing their throwing skills so that they can throw accurately. They have also started their gymnastics unit where they have learnt a range of rolls.

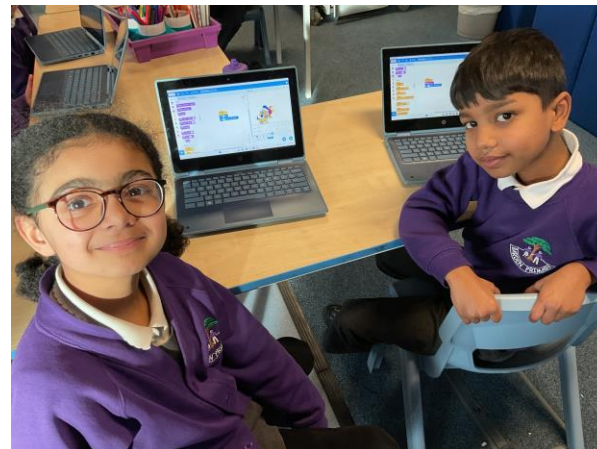
# Year 3



Doves



Skylarks



Skylarks have been working hard on their computing projects this week. We have been experimenting with different programming blocks, backgrounds, and sounds!



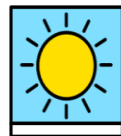
Last week, we spent World Religion Day learning all about Sikhism. We created some Rangoli stencils to produce some beautiful pieces of artwork, inspired by Indian and Sikh traditions.



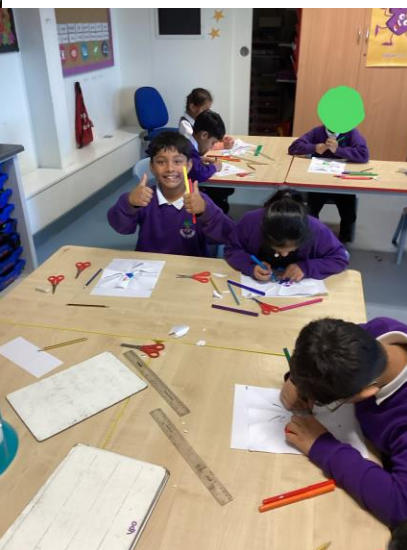
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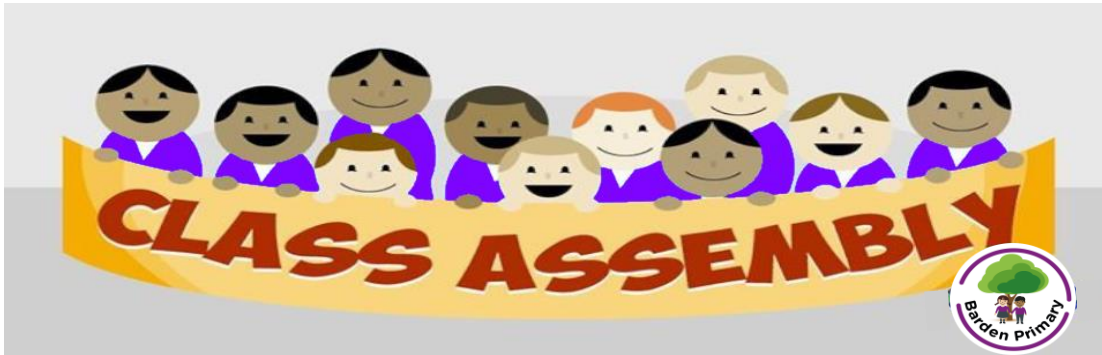


religion



day





Join us for our upcoming class assemblies! We will be showcasing the learning that has taken place in class. Afterward, you can spend time with your child looking at their books. Then, enjoy a drink and some snacks with us back in the hall. We look forward to seeing you there!

Date (Thursday usually)	Class
<del>Wednesday 1st October 2025</del>	Jays
<del>9th October 2025</del>	Puffins
<del>23rd October 2025</del>	Kingfishers
<del>Wednesday 12th November 2025</del>	Blackbirds
<del>Wednesday 19th November 2025</del>	Woodpeckers
Postponed	Kestrels
Wednesday 28th January 2026	Eagles
5th February 2026	Doves
12th February 2026	Skylarks
19th March 2026	Swallows
26th March 2026	Wagtails
30th April 2026	Sparrows
Wednesday 6th May 2026	Robins
18th June 2026	Owlets
25th June 2026	Eaglets
2nd July 2026	Chicks

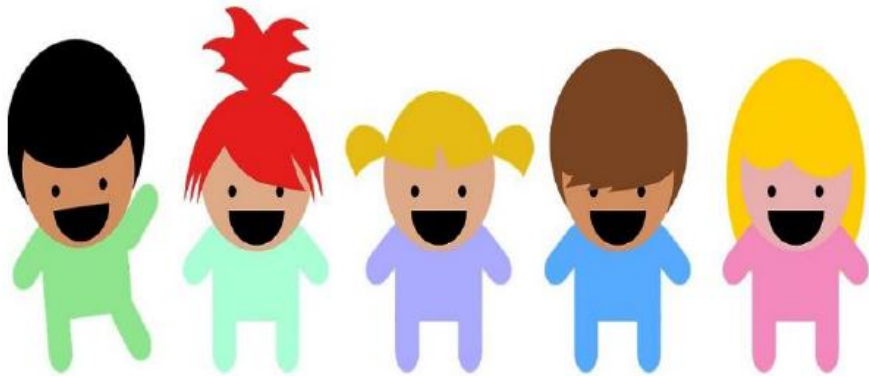
# Bounce and Rhyme

Wednesday

10.30am – 11.00AM

Burnley Campus Library

A weekly sing-along rhyme session for babies, toddlers and their carers



# Storytime with Stay and Play

Wednesday

10.00AM-10.30AM

Burnley Campus Library

Play with toys, read books and meet friends at our stay and play session





# January 2026

6-week Autism Cygnet Courses run regularly



Family  
**AUTISM**  
Service



**Online Parent Support**  
10:30am - 12pm



**Online Understanding Autism**  
10:30am - 12pm



**Online Who to turn to for Support?**  
6pm - 7:30pm



**Early Years Support Session (0-11y)**  
FH Livesey, Blackburn  
10am - 11:30am



**Online Family Quiz**  
6pm - 6:30pm



**Parent Support FH Burnley Wood, Burnley**  
10:30am - 12pm



**Online Teenage Years Support Session**  
6pm - 7:30pm



**Online Autism + Education**  
6pm - 8 pm



**Autism + Sensory Processing**  
FH Burnley Wood, Burnley  
10am - 12pm



SCAN HERE  
for more  
information and  
self-refer



**Autism + Anxiety/Behaviour**  
FH Burnley Wood, Burnley  
10am - 12pm



**Online Parent Support**  
6pm - 7:30pm



**Bowling Burnley**  
6pm - 7:30pm



# February 2026

6-week Autism Cygnet Courses run regularly



Family  
**AUTISM**  
Service



**Online**  
**Early Years Support**  
**Session (0-11y)**  
6pm - 7:30 pm



**Online**  
**Autism +**  
**Anxiety/Behaviour**  
6pm - 8pm



**Who to turn to for Support?**  
**FH Burnley Wood, Burnley**  
10:30am - 12pm



**Online**  
**Autism + Education**  
10:30am - 12:30pm



**Understanding Autism**  
**FH Hancock, Blackburn**  
10am - 11:30am



**Online**  
**Family Quiz**  
6pm - 6:30pm



**Family Session**  
**Snig Hole Park,**  
**Helmshore**  
11:30am - 1pm



**Online**  
**Teenage Years Support**  
10:30am - 12pm



**Online**  
**Autism + Sensory Processing**  
6pm - 8pm



**SCAN HERE**  
**For more information**  
**and self-refer**

 **SPRING**  
**NORTH**

COLLABORATION + INNOVATION + IMPACT

**BARNARD'S**

Changing childhoods.  
Changing lives.