



LET'S LEARN

ABOUT US

Do you want to gain a new skill?
We aim to deliver a variety of workshops to help improve your
English and Numeracy Skills.
Free Karak Chai & Snack!

OUR SERVICE

The Topics We Aim To Cover:

- Introduction to fitness - Thursday 23rd Feb 9.30am-11.30am
- Weight management - Thursday 2nd March 9.30am-11.30am
- Nutrition & Hydration - Thursday 9th March 9.30am -11.30am

SIGN UP PROCESS:

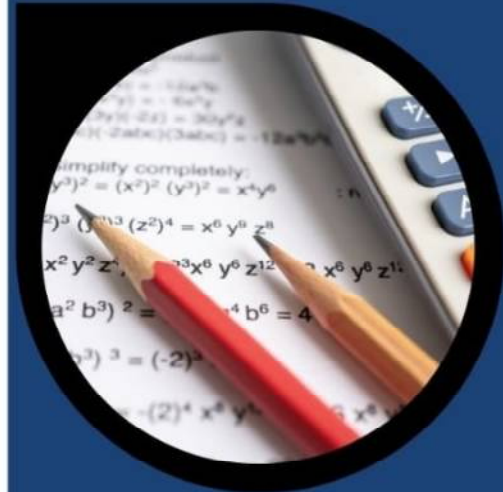
1. Complete online consent form on our website
2. Book your place on the CLASS FIT app
3. Await email/text to confirm your booking.

CRITERIA

Address: Burnley Boys and Girls Club, Barden
Playing Feilds, Barden Lane, BB10 1JQ

Aged 19+
GCSE: None/Below Grade C
📍 Burnley/Nelson Only

**FREE
COURSE**



SCAN ME

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BURNLEY BOYS AND GIRLS CLUB
Sustaining Young People Today


unity trust house
Community Hub & Training Centre